**Example C: Male Catheter Checklist**

Name: EID:\_ Unit: Date:

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| Inserting an Indwelling Urinary Catheter - Male Patient |

**Purpose:** To demonstrate competency in the safe insertion of a urinary catheter in a male patient.

**Checklist:**

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| Elements Critical for Safe Insertion | **YES** | **NO** | **COMMENTS** |
| Review chart for any history of urological problems. |  |  |  |
| Check chart for any allergies to Betadine or Latex. If allergy to Betadine, obtain Phisoderm from CSR. If allergy to Latex, obtain Latex-free supplies from CSR. |  |  |  |
| Obtain assistant, who will monitor for contamination, have another catheterization kit available, etc. |  |  |  |
| Gather supplies. Choose the smallest catheter size to provide adequate drainage. |  |  |  |
| Explain procedure to patient. |  |  |  |
| Provide privacy. |  |  |  |
| Decontaminate hands. |  |  |  |
| Position patient in supine position. |  |  |  |
| Check penis and if soiled cleanse with soap and water. |  |  |  |
| Don clean gloves. |  |  |  |
| Open catheter package. Open first flap away from body. |  |  |  |
| Remove drape and place under the scrotal area (plastic side down) so that only the penis is exposed. |  |  |  |
| Use periwipes or cleansing solution to cleanse penis. |  |  |  |
| Remove clean gloves. |  |  |  |
| Use antiseptic cleanser from catheter kit to cleanse hands. |  |  |  |
| Put on sterile gloves and prepare items in the kit for use during insertion. |  |  |  |
| Deposit lubricant into tray and liberally lubricate catheter. |  |  |  |
| Attach water filled syringe to the inflation port .Do **NOT** test the balloon. |  |  |  |
| Remove fenestrated drape from the kit, and using non-dominant hand, place the penis through the hole in the drape. Keep the dominant hand sterile |  |  |  |

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| Elements Critical for Safe Insertion | YES | NO | COMMENTS |
| Hold penis upright at a 90 degree angle with the non-dominant hand. Hold the sides of penis to avoid collapsing the urethra. |  |  |  |
| Retract foreskin gently if patient is uncircumcised. |  |  |  |
| Using betadine swabs clean the meatus and glans with antiseptic solution. Begin at the urethral opening and move toward the shaft of the penis; make a complete circle once around the penis with each betadine swab. |  |  |  |
| Insert the catheter through the urethral opening to the bifurcation (Y) of the catheter. |  |  |  |
| Inflate the balloon and retract gently on the catheter until resistance is met. |  |  |  |
| Replace the foreskin of the penis of uncircumcised males. |  |  |  |
| Secure the catheter to the thigh or abdomen to prevent pressure on the penoscrotal angle, using a Statlock. Avoid tension on catheter. |  |  |  |
| Remove supplies and discard, cleanse the patient of any residual antiseptic solution using clean washcloths, and cover the patient. |  |  |  |
| Indicate time and date of catheter insertion on provided labels. Place on drainage system. |  |  |  |
| Measure and record the amount of urine in the drain bag. |  |  |  |
| Examine urine for signs of infection: cloudy, foul smelling, etc. Notify MD, if signs present and anticipate specimen collection for urinalysis. |  |  |  |
| Remove gloves and decontaminate hands. |  |  |  |
| **Elements Critical for Safe Insertion** | **YES** | **NO** | **COMMENTS** |
| Collection bag should be placed at the foot of the bed. Keep below the level of the bladder (Use the green clamp to achieve this). |  |  |  |
| Document and report results to Charge Nurse as indicated. |  |  |  |

**All steps must be demonstrated to ensure competency.**

**Validator Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Pass: \_\_ Remediate: \_\_\_\_\_**

**Remediation Demonstration: Date:\_\_\_\_\_\_\_\_\_\_**

**Validator Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Pass: \_\_ Remediate: \_\_\_\_\_**

**Individuals who have to be remediated twice will be referred to the Nurse Manager and Educator for remedial education.**